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SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

Course Title: NURSING PRACTICE CLINICAL EXPERIENCE 1A, IB
Code No.: NUR 105--5, NUR 117--11
Program: NURSING
Semester: ONE and TWO
Date: 1984-1985
Author: NURSING DEPARTMENT FACULTY

New:

Revision:

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APPROVED:

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SA'JLT COL'LEGE N'URSING PRGPGJ^M
NURSING PRACTICE - CLINICAL EXPERIENCE
NURSKJG 105 - J^ (1^

COURSE DESCRIPTION:

Supervised clinical nursing practice provides the opportunity for students to use the nursing process in assisting the client to maintain and promote adaptation. The student will apply the learning from the Nursing Practice Theory course, which is being taken concurrently. .

COI^PONENTS OF NURSING PRACTICE COURSE:

1. Health Project (description and guidelines attached)
2. Nursing Skills Labs (description, list and guidelines'attached)
3. Practice in Health Care Settings (hospitals, nursing homes, homes for the aged, comiunity health agencies)

COURSE REQUIREMENTS:

1. Attendance compulsory
 2. Assignments must be completed
- * See Program Requirements related to clinical practice.

COURSE OBJECTIVES:

See Clinical Objectives attached.

COURSE EVALUATION:

Student Clinical Achievement Evaluation attached.
Daily Clinical* Record and Instructions attached.
Summary Clinical Achievement Record attached.

GRADING:

- A -• is consistently outstanding achievement. Student who works beyond the level of the objectives. Self directed learner,
- B - is consistently above average achievement. Student who meets all mandatory and desirable objectives. -May have some weak areas but is progressing & growinc
- C - is acceotable achievement. Student who meets all mandatory objectives with a minimum acceptable standard level of performance consistent with the student's position in the program.
- ^ . I - Incomplete- Student has not demonstrated a satisfactory level of comnetence in all mandatory objectives. Make-uo period reauired. An "I" of one or more mandatory objectives, gives the student an incomplete grade for that evaluation
- R - Repeat. Student has not achieved the objectives after the make-up period and is reauired to reoeat the course.

NURSING SKILLS LAB

NURSING 105 ---HS 'i^/

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DESCRIPTION:

Competency is to be achieved in the attached list of skills, in order to protect the client's safety and comfort. The student will be assisted in achieving this competency by:

1. learning the general guideline for all skills.
2. learning the theory background for each skill.
3. observing a demonstration of each skill by a teacher.
4. independently practicing until the skill is learned.
5. completing a mark-off* for a particular skill.

Time and equipment will be available in the nursing lab for independent practice,

*MARK-OFFS:

This is an individual test of student's ability to complete a nursing skill. Completing this successfully the first time, positively, affects the clinical grade. Failure to complete a mark-off is a clinical "I". The student is expected to take the responsibility to complete the mark-off successfully within a specified time.

SAULT COLLEGE - DIPLOMA NURSING

NURSING PRACTICE CLINICAL EXPERIENCE

NURSING 105 & -U-5*117

NURSING SKILLS YEAR 1

UNIT

SKILL

Introductory

General Introduction
Specimen taking

Exercise & Rest

Hygiene: Bathing
Backrub
Perineal Care
Foot & Nail Care
Hair Care (shaving shampooing)
Toileting
Grooming/Dressing

Exercise: R.O.M. (active & passive)
Body Mechanics
Posture & Body Alignment
(positioning)
Lifts and Transfers
Flexibility Exercises
Pre & *post* natal exercises
Assisting with ambulation
(devices)

Rest: Relaxation exercises
Hand washing
Bed making

Nutrition

Assisting with menu
Assisting with meal
Assisting with feeding
Height/Weight

Elimination

Measures to encourage
Enemas, suppositories
Disimpaction
Specimen taking

Fluid & Electrolytes

Intake & Output
Techniques to promote adequate fluid
intake

Oxygen & Circulation

Pulse, respiration and blood pressure
Deep breathing and coughing
Auscultation of normal breath sounds
Humidification
Obstructed airway

UB DAYS

SEPTEMBER 1954

YEAR I, SEMESTER I

WEEK I	Aug. 30, 31	Orientation Week
2	Sept., 6 5 7	Lab Group A
3	Sept., 13, 14	Lab Group B
4	Sept., 20, 21	Nursing Home Group A
5	Sept., 27, 28	Nursing Home Group B
6	Oct. 4, 5	Lab Group A
7	Oct. 11, 12	Lab Group B
8	Oct. 18, 19	Nursing Home Group A
9	Oct. 25, 26	Nursing Home Group B
10	Nov. 1, 2	Lab Group A
11	Nov. 8, 9	Lab Group B
12	Nov. 15, 16	Nursing Home Group
13	Nov. 22, 23	Nursing Home Group
14	Nov. 29, 30	Nursing Home Group
15	Dec. 6, 7	Nursing Home Group
16	Dec. 13, 14	CPR Group A
17	Dec. 20, 21	Evaluations

FAMILY ASSIGNMENTS

1. Exercise	Group A	Oct. 4
	Group B	Oct, 11
2. Safety	Group A	Nov. 1
	Group B	Nov. 8
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	Group B	Dec. 6